

# Ns

## normal skin therapy

For skin that isn't oily or dry, has few blemishes, is firm and generally smooth with small pores.

### RECOMMENDED PRODUCTS:

Choose one cleanser:

- Foaming Facial Cleanser
- Arnica Facial Cleanser
- Skin Firming Serum
- Firming Eye Serum
- Rebuilding Day Cream (normal)
- Restoring Night Cream (normal)
- Clarifying Facial Masque
- Invigorating Facial Scrub

### RECOMMENDED THERAPY:

#### Morning

- Step 1: Foaming Facial Cleanser (optional)
- Step 2: Serums (Skin Firming & Firming Eye Serum)
- Step 3: Rebuilding Day Cream (normal)

#### Night

- Step 1: Foaming Facial Cleanser
- Step 2: Serums (Skin Firming & Firming Eye Serum)
- Step 3: Restoring Night Cream (normal)

#### 2 to 3 Times Weekly

- Clarifying Facial Masque
- Invigorating Facial Scrub

**R<sub>x</sub>** SKIN THERAPY

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SEE ANTI-AGING NS THERAPY  
ON REVERSE SIDE.

[www.rxskintherapy.com](http://www.rxskintherapy.com)



# anti-aging therapy **NS**

For those whose skin shows signs of aging, including crow's feet, frown and expression lines, and loss of elasticity and hydration.

## RECOMMENDED PRODUCTS:

Choose one cleanser:

- Foaming Facial Cleanser
- Arnica Facial Cleanser
- Skin Firming Serum
- Firming Eye Serum
- Rebuilding Day Cream (normal)
- Restoring Night Cream (normal)
- Retinol Complex
- Glycolic Acid Peel Gel
- Clarifying Facial Masque
- Invigorating Facial Scrub

## RECOMMENDED THERAPY:

### Morning

- Step 1: Cleanser of choice (optional)
- Step 2: Serums (Skin Firming & Firming Eye Serum)
- Step 3: Rebuilding Day Cream (normal)

### Night

- Step 1: Cleanser of choice
- Step 2: Serums (Skin Firming & Firming Eye Serum)
- Step 3: Retinol Complex
- Step 4: Restoring Night Cream (normal)

### 2 to 3 Times Weekly

- Glycolic Acid Peel Gel
- Clarifying Facial Masque
- Invigorating Facial Scrub

